

# Healthy Reward Card (phase 1)

Age \_\_\_\_\_

Gender (M/F)

Date \_\_\_\_\_

ID# \_\_\_\_\_

**Buy 3 promoted foods\*, Get 4th one FREE!** (Up to \$4.00)

**EXPIRES SEPTEMBER 30, 2006**

1	2	3	4
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

**Look for the logo to identify the promoted foods!**

\*See back of card for promoted foods and participating stores.

Card must be signed by store staff at time of purchase to redeem free item.

Customers can get only one signature per one visit per day.

You must turn in your fully completed card in order to receive the free food.



# BALTIMORE HEALTHY STORES

## ABOUT US:

Baltimore Healthy Stores is a collaborative project between the Johns Hopkins Center for Human Nutrition, local community organizations and food stores to provide and promote healthy foods in Baltimore, Maryland.

## \*PARTICIPATING STORES

Jo's Market - 25 N. Chester St.

Super Save - 2100 E. Monument

Roman's Food - 931 E. 22nd St.

Sun Grocery - 2338 E. Monument

King's Korner - 1713 Federal St.

Hye's Grocery - 2819 E. Madison

Green's - 1301 N. Luzerne Ave.

## PROMOTED FOODS (Check if purchased)

- Low-Fat (2%, 1%, Skim) Milk \_\_\_\_\_
- Low sugar/ \_\_\_\_\_  
High fiber cereals  
(Cheerios, Kix, Rice Krispies, Total Life, Corn Flakes, Chex, Grape Nuts)
- Other cereals approved by WIC